



Civil Air Patrol/Cape May

From the Commander

On 19 August 2009, members from the Cape May County Composite Squadron, Atlantic County Composite Squadron and the Air Victory Squadron attended the 10th annual Atlantic City Air Show "Thunder over the Boardwalk." The temperatures were very hot and humid this day, but watching a fantastic FREE air show on the beach was the payoff for all of the members. Members were treated to photo opportunities with the U. S. Army Golden Knight's Parachute Team as well as the U. S. Air Force Parachute Rescue Team as an added treat. The final finale to the air show was a performance by the U. S. Air Force Thunderbirds. There were approximately a little over 700,000 persons who attended the air show. Thank you to the 177th Fighter Wing, located in Atlantic City for their hospitality and coordination for this prestigious event.

The squadron has begun training for Emergency Services in the Damage Assessment field, starting the week of 20 August 2009. Several members went out into the

field to conduct preliminary assessments of the local area. Disaster Relief operations is another aspect of Emergency Services, and is quite time consuming and detail oriented. Working with other local Office's of Emergency Management, we will continue the training in the weeks and months ahead. Be sure to complete the required FEMA ICS Courses to come out and lend us a hand.

All members of the squadron should be signed up now on DragonNet, the new communications portal for the Wing. If you are not registered on DragonNet as yet, go to our website at <http://capemay.njwg.cap.gov> and click on the DragonNet logo and register. All communications within the Wing will be sent out on DragonNet, so don't be left out of the loop. Once you are registered, you can forward the e-mails to your personal account, but keep a copy on DragonNet so you can archive them for later use. Any questions on how to register, contact either LtCol. Simon or Captain Barstow, and we will (continued)

(continued) be glad to assist you with this.

Our website is attracting several new cadet prospective members recently, please continue to spread the word about CAP in school, we can use a few more new cadets in the squadron ranks.

School is fast approaching; don't let up on your progression in CAP once school has opened. It is too easy to let things slide and not test or promote, you have worked too hard this summer to let it go now, finish what you started.

“SEMPER OPTIMUS “
Kevin L. Barstow, Captain/CAP



I would like to take a moment to thank all of the CMC squadron members who have taken part in training with my SAR Dogs Chaos and Riot. The time that you give to the dogs increases their preparedness for missions, as well as your own. Although Chaos's SAR career was cut short, he did get out on a few good missions in New Jersey and Pennsylvania. The SAR community at those searches was very impressed with his focus, drive, and enthusiasm. You have played a large role in building his skills and love of the game. His success is also yours. I look forward to spending more ES training time out in the field with Riot. He has a bright SAR future ahead of him, as do all of you!

Thanks again,
1Lt Diana Akeret

Upcoming Events

19 September - Ocean City Air Fest

HAPPY BIRTHDAY!

C/Amn Ian Borgo



Anniversaries

LtCol Richard A Simon
1Lt Diana Akeret
SM James Romano
C/SrA Louis Sicilia



To All Cadet Personnel:

Uniforms issued by USAF are accountable. When personnel leave, squadron uniforms will be turned in. This is a Must! If you have any questions, see Supply.

Maj Wayne Ingling
Supply Officer

Cadet Program

Cadets,

Boy, this summer has just breezed by and now it is time to start school again. During the school year, Civil Air Patrol requires that you maintain your academics with grades of at least a "C" average. With this being said, please do not hesitate to miss a meeting if you have too much homework, you have a project due or if you, Heaven forbid, have grades of less than "C" average. At CAP, you are a Student first and a Cadet second; do not think for one minute that CAP is more important than school. If you are able, please try to study and advance for your Achievements. I know you will do what is necessary for us to have a good school year with CAP.

Capt Tony Simon
Deputy Commander for Cadets
NER NJ-009

Information Technologies

All squadron members, if you haven't established your account on DragonNet, it is important that you do so as soon as possible. All squadron messages will be distributed through DragonMail.

The enrollment process is easy. Your login name is first name.last name as it is listed on the NHQ website. Your temporary password is your member number. The first time you enter the site you will be prompted for a permanent password.

Also, you can have the e-mail that you receive in DragonMail automatically re-directed to another e-mail address. The steps are as follows:

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1. Log in on DragonNet.
2. Click on the Mail link.
3. Click on the settings link which is located next to your e-mail address at the top of the page.
4. Click on the Forwarding and POP/IMAP tab.
5. Click on the circle in front of the "Forward a copy of incoming mail to" option.
6. Type the forward to e-mail address in the box.
7. Select from the dropdown box the option of how you want for the disposition of your e-mail after it is forwarded. I selected "keep Njwg.cap.gov Mail's copy in the Inbox" so I can access the mails from any location.

In addition to e-mail, you will have access to documents. If you receive a link in your e-mail telling you there is a document available to you, you must be logged into DragonNet before clicking on the link. After you open the document, it will be listed in your documents list on the Documents link.

LtCol Richard A. Simon
Information Technologies Officer
NER NJ-009



A Note From the Cadet Staff

At this coming month's meeting, I am looking forward to stepping up the drill program. Since we seem to run into a time crunch if we attempt to complete drill at the squadron meetings, I am looking forward to organizing some Color/Honor Guard practices outside of normal meeting hours for those cadets interested, and continuing to practice regular drill at the meetings. The extra drill practice outside of meetings will be discussed on 8/27's meeting night and will be done at Sergeant Rutherford's discretion, as he is the only cadet left at the squadron who is proficient in Honor/Color Guard.

C/SMSgt Craig Coughlin
NCOIC, NER NJ-009

Health Services

Each year thousands of young people are injured by the backpacks they use for school. We offer the following tips to help prevent the needless pain that backpack misuse could cause the students in your household.

- Make sure your child's backpack weighs no more than 5 to 10 percent of his or her body weight. A heavier backpack will cause your child to bend forward in an attempt to support the weight on his or her back, rather than on the shoulders, by the straps.
- The backpack should never hang more than four inches below the waistline. A backpack that hangs too low increases the weight on the shoulders, causing your child to lean forward when walking.
- A backpack with individualized compartments helps in positioning the contents most effectively. Make sure that pointy or bulky objects are packed away from the area that will rest on your child's back.
- Bigger is not necessarily better. The more room there is in a backpack, the more your child will carry-and the heavier the backpack will be.
- Urge your child to wear both shoulder straps. Lugging the backpack around by one strap can cause the disproportionate shift of weight to one side, leading to neck and muscle spasms, as well as low-back pain.
- Wide, padded straps are very important. Non-padded straps are uncomfortable, and can dig into your child's shoulders.
- The shoulder straps should be adjustable so the backpack can be fitted to your child's body. Straps that are too loose can cause the backpack to dangle uncomfortably and cause spinal misalignment and pain.

Maj Richard Fellows
Health Services Officer
NER NJ-009

Testing Officer

For all new members and to gently remind our regular cadets— here are the guidelines for testing. Testing is generally from 1800-1900 hours. If you are unable to arrive at this time, we will make every effort to do the testing during regular meeting hours- such as right after opening formation but not at break time or the end of the meeting. Just let us know.

1) You must have your CAP ID card with you in order to test. If you are a new cadet and haven't received your ID card in the mail, you may test as long as we have your ID number on file.

2) Most tests are 25 questions long and you must pass the test in order to promote. Except for a couple of promotions (Curry, Wright Bros. etc.) you need a leadership test and an aerospace modular test. The leadership test is named for the particular promotion you are hoping to attain. You may take the aerospace modulares in any order. It is your responsibility to keep track of the modular-if you double take a modular you will have to wait until the next week to re-test.

3) If you fail a test you may take it again the following week. If you fail it a second time you may not test again for 2 weeks. Study the material again. If you seem to be having a difficult time with a subject, you will be given a mentor to help you.

4) PLEASE DO NOT TEST IF YOU HAVE NOT STUDIED THE SUBJECT. Some cadets want to take a test to see what the material is like and when they fail they act like it is no big deal. This is not a good attitude to take. It is a waste of time and actually reflects poorly on your character as a cadet. Please make sure you actually know the subject.

5) Don't forget about the 3 rocket tests. Only 1 cadet has completed all 3. By this time of the summer we should have quite a few cadets finished. This is a big project for 2Lt Williams. It would be a big shame if only a couple of cadets were able to fly their rockets.

Once again let's make this coming fall and winter a BIG promotion event.

Thank you,

SM Nancy L Simon, Testing Officer
NER NJ-009

From the Chaplain

What an opportunity in perfect WX!

Planes were soaring, tow-planes pulling glider after glider skyward, and young adults were talking with senior members sharing common joys of life and flight. In the middle of it all from the youngest to the eldest respect was in the air. Ethical moral leadership at it's best was fun, thrilling, and mutually educational because of the dialogues and conversations which weaved values, safety, procedures, and honest integrity all together like a good cross wind take-off at the Woodbine Airport (KOB1). It was a great 9 days of flying as well as a Thursday night meeting off-site but beneath the fun and flying I saw a lot of hands on moral leadership formation. I pray more young adults will have this opportunity; and I am most grateful to those who make it possible.

LtCol Miles Barrett

Moral Leadership/Character Development Officer

NER NJ-009

C/AB Ian Borgo to C/Amn



C/AB
Timothy
Myland to
C/Amn



Congratulations on your promotions!



C/A1C John
Edwards to
C/SrA

From the Cadets

The past 2 months of CAP have been the best days of my CAP career. It all started with the National Cadet Competition (NCC) held at Evergreen Aeronautics and Space Museum. The Dragon Drill team competed against 8 other teams from all over the country for 4 straight days. Our team pulled fourth place over all and took first place in inspection. The North East Region Color Guard (New York) took first place over all in the color guard competition. I had so much fun in Oregon that it was sinful.

Next on the list is Honor Guard Academy. Being this was my second year, I was given new leadership opportunities that I was not given the first year. I got to drill the whole academy to chow, work more in depth with the Air force Honor Guardsman on the bearers team drill, and got to actually sleep when lights out came around. Honor Guard Academy has taught me so much over the past two years, and I can't wait to go back for my third year as a red hat.

Finally, the last activity I have to share with my fellow readers is the Atlantic City Air show. Naturally it was very hot, being it was in the middle of August, and having it been on the beach. It was really cool to be up close and personal with the Army's Golden Knights paratroopers. There were F-22's, F-16's, P-51's, and about a hundred other aircraft present at the air show, including the Air Force Thunderbirds. Lots of fun...Worth the wait.

Civil Air Patrol continuously gets better

and better as the days go by, but for now, this is Cadet Rutherford signing off.

C/SMSGt Dylan Rutherford



From the Cadets

I had a great summer in CAP. I had one glider flight and two motorized flights with more glider flights on the 30th. I passed my three rocket tests and I'm looking forward to firing a rocket. I missed the AC Air Show because I was sick but I'll go next year. Thank you.

C/Amn Ray Gradwell

It's been a year now since I have joined CAP. I have really enjoyed the experience. I especially like all the activities that have to do with flying. I recently attended the AC air show and had an awesome time. In less than a week I will be attending MTHS as a freshmen, I am really looking forward to it. I have had a great summer vacation. I worked at my parents business, A.B.S. Sign Company helping to make all types of signs. I am starting another season of kart racing which is another passion of mine, along with hare scramble races on my motorcycle. I am looking forward to another eventful year in CAP.

C/Amn Tyler Hentges

Last week I went to basic encampment at Fort Dix, NJ. Encampment is a requirement for a cadet to earn their Mitchell award. Although I am very far from that award, I went to encampment to make sure I can get it when the time comes. It is a week of training designed to build leadership and character for cadets like me. It is not an easy week at all, but worth it if you pull through. There are also orientation flights for cadets who have not had any, which is a very fun experience. I encourage all cadets

who haven't gone to encampment to go because it is fun and worthwhile.

C/Amn Ian Borgo

I've enjoyed the past few weeks at Civil Air Patrol. I enjoyed doing O-Flying for my first time and I'm glad I did it with 1Lt Wuerker. I like how we are getting a whole lot of new cadets. I can't wait until next week because we are doing more O-flights. I'm so excited to fly the gliders in two weeks. I can't wait for the weeks to come.

C/AB Sullivan Edwards

